



**DKG ♥ Alpha Iota State
President's Newsletter**
February, 2013 • Vol. Two • No. 6

WELCOME TO THE FEBRUARY NEWSLETTER!

Dear Chapter Presidents,

This is a month of warm hearts and cold, cold temps!

I want to commend you for submitting your reports by February 1st. I'm happy to report that I have nearly 100%.

Last month I reminded you about submitting applications for the Award of the Rose and the President's Award. If you have not sent the applications, please do so. You will receive your award in Bay City, in May.

Relax and think of the member who sponsored you. Why did she sponsor you? There can be many reasons why you were selected for membership – creativity, leadership, congeniality, professionalism, intellect, resourcefulness, but most of all, being a key woman educator!

I have written numerous welcome notes to new initiates this year. I congratulate all chapters that have initiated members and contributed to the growth of Delta Kappa Gamma. Look into your communities to find more prospective members! Use *Ten Interesting Women* as a stepping stone!

I would love to write more welcome notes!

Enthusiastically,

Olive



CLIFF NOTES
*for the Executive Board -
General Membership Meeting*



Our Parliamentarian

We are fortunate to have a very qualified Parliamentarian for Alpha Iota State.

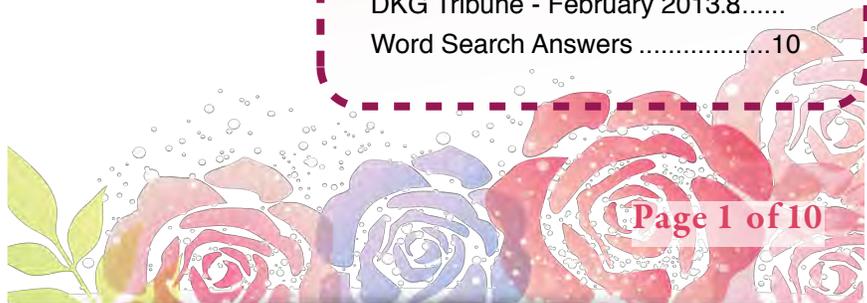
Dr. Helen Popovich has attained the status of Professional Registered Parliamentarian. In her role, she will often outline or script a meeting for the presiding officer, so that she can smoothly invoke parliamentary rules.

She can work with the By-laws/ Standing Rules committee to help with revising by-laws. At the meeting itself, the presiding officer may need help with procedure or order of business.

The parliamentarian can figure out how to deal with issues that are likely to arise. All in all, parliamentarians are there to help the presiding officer and individuals be effective.

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THE PRESIDENT'S PROCESSION

One of the events that I always look forward to at State Convention is attending the President's Banquet, seeing everyone dressed up in their finest, and watching as the chapter presidents are introduced to the state President and membership. As Past President, one of my responsibilities is coordinating the Presidents' Procession.

To make sure things go smoothly and all of the names are included on the state PowerPoint, we will have a rehearsal for the procession. The practice will be on Saturday afternoon after the last session. All chapter presidents should plan on attending this rehearsal. If you are unable to attend, please send a representative to stand in for you. Complete this form and mail (or email) information to:

Jackie Smart, 20158 Southampton Drive, Livonia, MI 48152

jackie@mymartfamily.com *I look forward to seeing you in Bay City.*

PRESIDENTS' PROCESSION

**DoubleTree by Hilton Bay City — Riverfront
May 3-5, 2013**



Chapter _____

Chapter Location _____

Chapter President _____



- * Indicate if you are a substitute.
- * If needed, include name pronunciation assistance.
- * Please RSVP by April 1, 2013





COORDINATING COUNCIL EVENTS

Detroit Metro Council

has a celebration of Alpha Iota's 75th Birthday on Saturday, April 20, 2013 from 10:30-1:30. They will meet at historic Greenmead in Livonia.



The Flint Area Council

has Spring Brunch on April 20th at 10:00 am at Holy Family School in Grand Blanc.

The Oakland County Council has its Birthday Celebration: April 20, 2013 at 10 AM at Forest Lake Country Club in Bloomfield Hills; Sally Garrison, Contact Person: wsarahsally@aol.com

The Riverlake Council has its 46th Birthday Celebration: April 13, 2013 at the Lochmoor Club, 1018 Sunnydale, Grosse Pointe Woods from 11:00 a.m. to 3:00 p.m. Contact persons for this luncheon: Sharon Gryzernia and Sandy Marhoff

CHAPTER WOMAN OF DISTINCTION AND STATE WOMAN OF DISTINCTION REMINDER

This is a reminder to chapters to let us know your nomination(s) for 2013 Chapter Woman of Distinction. A chapter should look at members who have given outstanding support and note-worthy service to the chapter. We will recognize these chapter honorees at the Alpha Iota State Convention. Deadline for receiving Chapter Woman of Distinction is: March 15, 2013

For guidelines and forms, please see the information under Forms on the state DKG website: www.deltakappagamma.org/MI.

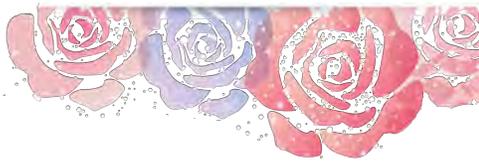
Also, chapters and individual members need to be thinking about nominating a woman as the 2013 Alpha Iota State Woman of Distinction. Those guidelines and forms can also be found on the DKG website.

*Marilyn J. Hopkins, Chair
Personal Growth and Services
Alpha Iota State DKG*

UPCOMING EVENTS

- Leadership Development Day, Grand BlancMarch 9, 2013
- PAC, LansingMarch 23, 2013
- Alpha Iota State Conference, Bay CityMay 3-5, 2013
- Northeast Regional Conference, Portland ME.....July 24-27, 2013
- International Convention, Indianapolis IN 2014.....





TWO PRE-CONVENTION WORKSHOPS

On Friday, May 3, 2013, there will be two pre-convention workshop sessions offered for SB-CEU credit.

From 5-6 PM, Judy Foster of the Legislation Committee will present information regarding legislative bills and issues in Michigan.

This is an important topic, as the legislation affects students, teachers, retirees and schools. At 6:10 PM, author, teacher and parent Jennifer

Greening will talk about the trials and tribulations of getting the best education for students with special needs.

Both sessions will be held in the Davidson 2 room at the convention hotel. We hope you and your chapter members can attend both of these informative sessions.

Liz VanWestenburg, Alpha Iota State First Vice-president and Program of Work Chair

LEADERSHIP DEVELOPMENT - MARCH 9, 2013

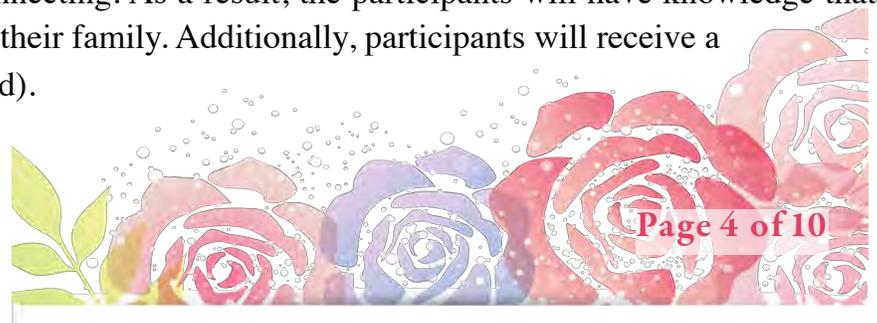
"Sticks and Stones - Leadership Seminar on Bullying"

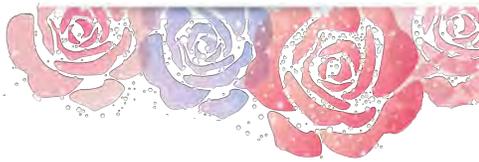
The effort to stop and prevent bullying continues to grow. Teachers are under so much pressure to raise test scores, make sure everyone is proficient and "Leave No Child Behind" that we are raising proficient bullies, gang members and Wall Street criminals. Test scores will not improve, nor will the school climate, until we begin addressing the social and emotional needs of our students. If a student does not feel safe in school because he is being bullied in school, after school, or on the internet, that child can't learn and is not motivated to learn. Anti-bullying legislation now exists in 49 states, including Michigan.

Today, educators are professionally and legally responsible for stopping and preventing bullying. Bullying affects a student's ability to focus on learning and to succeed in the classroom and beyond. Bullying is a concern to all who work with children and young adults. Michigan teachers are engaged in proactive, innovative, and educationally sound strategies to prevent bullying. Our leadership seminar will deal with varied aspects of bullying and prevention strategies.

All of the presenters selected to lead the focus sessions are women educators. The presenters' unique knowledge, experience, talent, and skills will impart information to the attendees of this workshop that is practical, uplifting, affirming, and connecting. As a result, the participants will have knowledge that they can apply in their employment and their family. Additionally, participants will receive a book on bullying (book yet to be selected).

(continued...)





(continued)

This seminar is presented by The Delta Kappa Gamma Society International, Alpha Iota-Michigan State Organization Leadership Development Committee. DKG is an international honor society of 100,000 members that promotes professional and personal growth of women educators and excellence in education. DKG chapters are involved in projects that aid the community. DKG awards grants to women pursuing degrees in education and supports early-career educators. Members can also apply for scholarships for postgraduate study. DKG holds two conferences yearly and a seminar in odd numbered years where members and non-members attend workshops for professional development, personal growth, and network with women who share the same commitment to excellence in their profession.

FOCUS SESSIONS

Nancy Berkompas: 21st Century Bullying

The old saying "sticks and stones" no longer holds true. This session discusses the meanness of adolescent behaviors, how words are not harmless, and how technology is the weapon of choice for our teenagers. You will see a startling demonstration of depersonalization of others and the extremes that our kids will go to "hurt" someone else. Cyber-bullying has created a battlefield for an extreme invasion of privacy.

Kimber Bishop-Yanke: "Assertiveness Boot Camp"

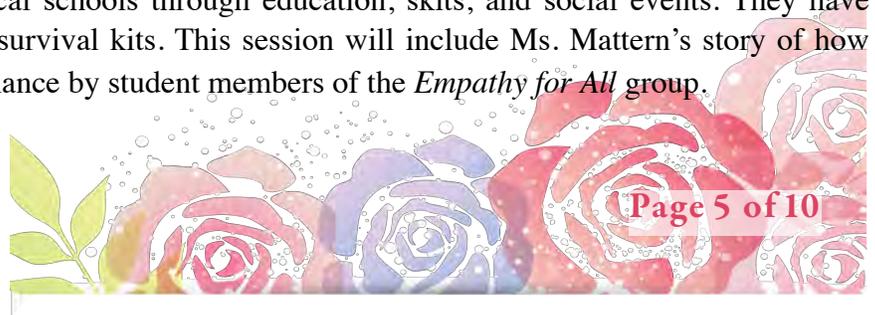
Being assertive is a life skill every child needs to have to deal with bullies, negotiate, handle conflict, set boundaries, be taken seriously, go after their dreams and get their needs met. Teachers will learn about the different communication styles, how to work on assertiveness skills, and how to help their students be assertive in their words, voice and body language through role-playing and interactions.

Maria Dismondy: "Juice Box Bullies"

Every child has the right to a community where he or she feels safe. Bullying occurs when someone repeatedly and purposefully says or does hurtful things. Bullying is on the rise and some consider it an epidemic. This session will utilize children's literature and present strategies and interventions that work to stop bullying now!

Carrie Mattern: Empathy For All

Empathy For All (EFA) began when Carrie Mattern, a high school Language Arts teacher, shared the story of the Rutgers student who committed suicide after a movie of him kissing another male student was posted online. The story had a profound impact on Ms. Mattern, her students, and anyone with empathy. A bully awareness program grew from the interests of Ms. Mattern's students. EFA provides positive role models and outreach to the community and local schools through education, skits, and social events. They have created videos and developed bullying survival kits. This session will include Ms. Mattern's story of how she sponsored EFA, as well as a performance by student members of the *Empathy for All* group.





MARCH 9, 2013 LEADERSHIP DEVELOPMENT AGENDA

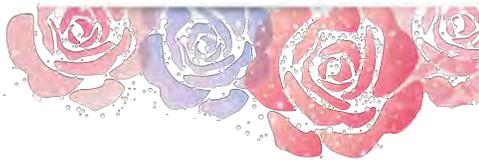
- 9:00 - 9:30 Registration, Continental Breakfast & Welcome
- 9:30 - 10:30 Maria Dismondy: "Juice Box Bullies" (1 SB-CEU)
- 10:30 - 10:45 Reenergize - Reflect - Refresh - Reconnect
- 10:45 - 11:45 Kimber Bishop-Yanke: "Assertiveness Boot Camp" (1 SB-CEU)
- 11:45 - 12:00 Q & A, Reflection, Inspiration
- 12:00 - 12:45 Lunch and Social Networking
- 12:45 - 1:45 Carrie Mattern: "Empathy For All" (1 SB-CEU)
- 1:45 - 2:00 Reenergize - Reflect - Refresh - Reconnect
- 2:00 - 3:00 Nancy Berkompas: "21st Century Bullying" (1 SB-CEU)
- 3:00 - 3:30 Q & A, Reflection, Evaluation, Inspiration



WORD SEARCH - Answers are 20 words from the Leadership Agenda.

I	R	I	S	A	G	A	P	U	C	L	E	A	D	E	R	S	H	I	P	W	F	F	J	R
C	E	I	O	S	H	P	H	G	F	O	I	Z	L	E	R	E	E	N	E	R	G	I	Z	E
K	F	F	C	S	T	L	D	H	V	T	R	U	L	U	S	Z	W	J	V	M	I	K	I	J
S	R	J	I	E	Z	P	D	T	M	H	Y	U	L	A	T	R	N	N	V	X	N	G	M	U
C	E	Q	A	R	H	Z	T	Z	H	X	H	W	P	C	G	R	Q	W	G	L	S	X	R	I
I	S	O	L	T	R	T	B	A	X	F	B	M	E	C	E	N	D	D	A	C	P	R	W	C
N	H	U	N	I	E	J	U	Y	O	S	O	N	D	T	O	H	J	T	W	L	I	E	B	E
N	E	Y	H	V	E	S	L	G	L	K	N	K	T	I	Y	A	N	Y	E	U	R	F	W	B
P	M	L	E	E	Z	J	L	D	R	O	C	A	T	G	Y	E	S	R	D	I	A	L	F	O
K	P	U	M	N	D	X	Y	E	C	I	M	A	L	X	N	F	H	W	B	L	T	E	C	X
E	A	N	X	E	O	P	B	E	J	E	R	Q	M	I	Q	C	E	F	F	T	I	C	G	N
S	T	C	O	S	M	Y	R	Y	I	T	K	P	T	O	I	O	R	T	W	P	O	T	Y	U
V	H	H	D	S	C	A	Y	R	S	T	P	N	U	S	H	W	K	H	C	A	N	S	S	A
M	Y	G	O	N	W	E	R	I	V	C	O	W	U	G	E	V	A	L	U	A	T	I	O	N
J	V	K	A	X	M	A	G	I	L	C	E	J	Y	Z	E	M	M	V	T	X	T	D	N	L
Y	V	N	K	M	C	E	E	A	A	M	I	G	Z	N	E	T	W	O	R	K	I	N	G	X
Y	G	J	M	Q	R	R	E	K	I	M	B	E	R	B	I	S	H	O	P	Y	A	N	K	E





CHAPTER/VENDOR SALES

Please help Judi Fisher plan for sales by remitting the following application. She needs to know how many tables to request. You may miss out by waiting until you arrive to tell her you would like a table.

The Delta Kappa Gamma Society International
Alpha Iota State / Michigan

Chapter / Vendor Sales Application

2013 Alpha Iota State Convention
May 4, 2013 9:00 AM – 4:30 PM
DoubleTree Bay City - Riverfront

Person in Charge of Sales: _____

Address: _____

Phone: _____ Email: _____

For Members ...

Chapter /Committee: _____

Topic or Product/s _____

Tables @ \$10 _____ tables Amount Due _____

For Non-Members ...

Product/s _____

Tables @ \$50 _____ tables Amount Due _____

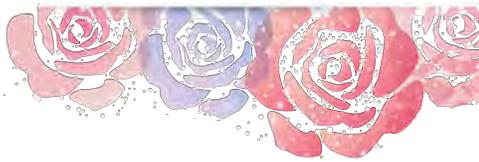
Important Notes:

Return Form due by April 1st, 2013.
Make checks payable to Delta Kappa Gamma.
Please bring all supplies needed to set up your 6 or 8 foot table.

Complete application and send with required payment to ...

Judi Fisher, 20180 Rippling Lane Northville, MI 48167
judifisher@yahoo.com





DKG TRIBUNE FEBRUARY 2013

Snyder Wants Quick Right-To-Work Ruling

Governor Snyder is asking the Michigan Supreme Court to rule quickly on the constitutionality of a right-to-work law that takes effect on March 27, 2013. The Governor said he wants to resolve the uncertainty over the law's impact on state employees because new contract talks will begin this summer.

If the high court grants Snyder's request for an advisory opinion, it could thwart opponents' plans to file lawsuits. Snyder is hoping for a ruling before the court's term ends in July. He said protracted litigation would be "very divisive" and not serve the interest of "judicial economy."

Unions are considering all legal options to challenge and block the law that prohibits forcing workers to pay union dues or fees as a condition of employment.

(from WOODTV.COM)

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TRANSITION FILL (Medicare Watch)

Keep in mind that if Medicare Advantage or Part D plan does not cover your drug, your plan should provide you with a 30-day transition fill at some time during the first 90 days of the year (until March 31st). A [transition fill](#) (also known as a transition refill) is a one-time, 30-day supply of a Medicare-covered drug that Medicare prescription drug plans must cover when you have a new drug plan in 2013 or when the plan that you had in 2012 changes its coverage for 2013.

If your plan does not cover your drug, you should also ask your doctor for help in sending a [formal exception request](#) to your plan to cover the drug. You can also talk to your doctor about switching to a drug that is covered by your plan

Did You Know

- The Social Security Administration announced that beneficiaries will see a 1.7% cost-of-living adjustment (COLA) beginning in their January 2013 checks. Social Security benefits are automatically adjusted to keep up with the cost of living.
- [Social Security](#) lifted 21.4 million people out of poverty in 2011 (including 1.1 million children), up from 20.2 million (including 1.1 million children) in 2010.
- If you have Blue Cross Blue Shield Medicare Advantage flu shots are covered at no cost. So be sure to get your flu shot soon if you haven't already done so.
- Changes continue!!! In August you received a notification that Medco Medicare Prescription Plan (PDP) was changing to Express Scripts Medicare (PDP). This change will take place January 1, 2013. You do not need to do anything and the name change does not change your current enrollment. Continue to use the same ID card you currently have.
- Michigan income tax changed from 4.35% to 4.25% on October 1, 2012. The personal exemption changed from \$3,700 to \$3,950.





- The Michigan Legislature passed 282 bills during the final weeks of 2012.
- Michigan will become a "Right-to-Work" state on March 27, 2013
- Rep. Pete Lund (R) is considering proposing legislation to change the process for counting votes for Presidential elections. Under his plan (advocated by ALEC) electoral votes will be counted from each congressional district which were gerrymandered by the present legislature. Under his plan Romney would have received all of Michigan's electoral votes. Under the new proposal being pushed by Rep. Pete Lund – a member of the American Legislative Exchange Council (ALEC) – Mitt Romney would've won more electoral votes in Michigan than President Obama.

Medicare Helps Pay for Inpatient Mental Health (Medicare Watch)

Medicare helps pay for inpatient mental health services in psychiatric hospitals or general hospitals.

If you receive care in a psychiatric hospital, Medicare helps pay up to 190 days of inpatient care in your lifetime. After you have reached that limit, Medicare may help pay for mental health care at a general hospital. Your out-of-pocket costs are the same in a psychiatric hospital as they are in any hospital.

If you enter a psychiatric hospital within 60 days of being an inpatient at a different hospital you are in the same benefit period and do not have to pay the deductible again. A benefit period begins the day you start getting inpatient care and ends when you've been out of the hospital or skilled nursing facility for 60 days in a row.

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Lawsuit Filed Against RTW

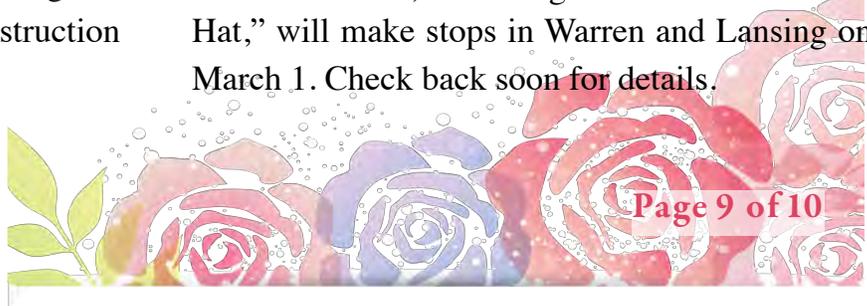
Several members of the coalition filed a lawsuit in the Circuit Court of Ingham County on January 31, 2013. The suit cites the Open Meetings Act as the reason for the suit. On December 6, 2012, the Legislature voted the right-to-work legislation. During the discussing and voting the doors to the Capitol were locked for four hours.

Attorneys for American Civil Liberties Union Fund of Michigan, MEA, AFL-CIO, Change to Win, and Michigan Building and Construction Trades Council filed the suit.

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READ ACROSS AMERICA (MEA website)

More than 45 million children and adults across the country on Friday, March 1 will dust off their red and white stovepipe reading hats, march to schools, libraries, and community centers, and celebrate the joy of reading as part of the National Education Association's Read Across America Day.

The "Cat-a-Van," featuring Dr. Seuss' "Cat in the Hat," will make stops in Warren and Lansing on March 1. Check back soon for details.





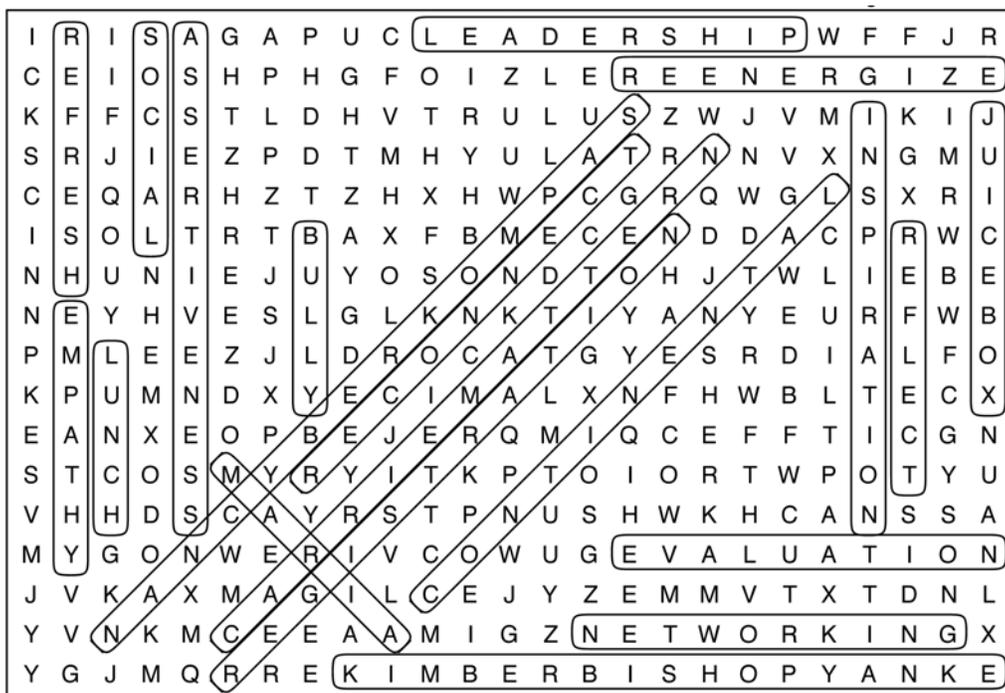
NEA's Read Across America is smiling about the recent addition of Delta Dental of Michigan — a dental benefits administrator — to Read Across America's lineup of sponsors.

Delta Dental is partnering with the NEA to produce the Read Across America calendar and other materials, support the Read Across America reading tour, and provide other resources throughout the year, including oral health tips and classroom resources for educators.

Why the focus on oral health and literacy? Consider these facts:

- Students who don't read at grade level by fourth grade are four times more likely to drop out than those who do. Annually, oral health problems cause students across the nation to miss 51 million school hours.
- Students who have experienced recent oral health pain are four times more likely to have lower grade point averages than their counterparts who have not. Students who are absent miss critical instruction time, especially in early grades where reading skills are a focus.
- Delta Dental is asking children and their parents to brush for two minutes, two times per day and read for 20 minutes each day. That's a daily total of 24 minutes focusing on developing good oral health and good reading skills!

For more information, go to www.nea.org/readacross. Editor: Judy Foster



- registration
- continental
- leadership
- reflect
- refresh
- reconnect
- reenergize
- maria
- juicebox
- bully
- inspiration
- lunch
- kimberbishopsyanke
- networking
- social
- carriemattern
- empathy
- nancyberkompas
- evaluation
- assertiveness

